

Name: _____

Welcome!

We're glad you found us. Whether you're seeking treatment for a car accident injury, work-related injury, chronic pain, or simply relaxation, you're in the right place. Since we're a good-sized group, you're welcome to try out several different therapists, stick with just one, or rotate between 2-3, or try out all of our therapists. It's up to you. What's most important is that you get the care you need.

Medical Massage:

Medical Massage helps reduce pain and dysfunction that's caused by a number of health conditions and/or injuries. The Massage therapist does not diagnose conditions or prescribe treatments. These ailments must be diagnosed by a primary medical provider (MD, ARNP, DC, ND, etc) who provides you with a referral to see us. Our job is to help improve your physical situation while keeping clear documentation and billing your auto or work insurance for you. Massage therapy is not a substitute for medical treatment.

Wellness/Relaxation Massage:

Wellness Massage helps with stress reduction and general relaxation. It's great for post weekend-warrior activities, gardening aches and pains, jet-lag recovery, cleansing & detoxification support, as well as general pampering. Of course, it's also a wonderful way to celebrate special occasions (birthdays, anniversaries, Mother's Day, Father's Day, graduation, etc.). *Please note: you are not able to bill your own health insurance if you're seen as a wellness patient.

What to expect:

At the beginning of each appointment, your therapist will review with you your current condition, treatment plan, and desired outcome. During the massage, proper draping will be maintained and you will always be covered with a sheet & blanket on whatever parts of your body your therapist is not currently working on. Though it is customary & best to receive massage completely unclothed, please undress to your personal level of comfort. You may end the session at any time and should communicate discomfort with pressure or technique. You may be sore after your massage, depending on your stage of injury and level of inflammation. Be sure to drink extra water for 24-hrs after treatment. This will help prevent soreness and aid in flushing toxins released during the massage. Icing also helps with tender areas. If you're in need, ask the front desk about purchasing a pain relieving item such as an ice pack or sombra.

Please initial the following once you've read and understood each statement:

Notice of HIPAA Privacy Practices:

Your health information may be used by our LMT's and staff members; or disclosed to other health care professionals for the purpose of evaluating your health and providing treatment. We keep a record of the health care services we provide you. You may ask to see and receive a copy of that record. We will not disclose your record to others unless you direct us to do so or unless the law authorizes or compels us to do so. Full HIPAA policy available upon request.

Initial:

(Please turn over)

Payment:

Please keep in mind that it is your responsibility to know your benefits, eligibility, and to keep track of your benefits throughout your treatment. REMEMBER – UNLESS OTHERWISE REQUIRED BY STATE LAW, THIS NOTICE IS NOT A GUARANTEE OF PAYMENT. BENEFITS ARE SUBJECT TO ALL CONTRACT LIMITS AND THE CLAIM STATUS ON THE DATE OF SERVICE.

ACCUMULATED AMOUNTS MAY CHANGE AS ADDITIONAL CLAIMS ARE PROCESSED.

We accept cash, check, credit cards, and gift certificates. Our billing department will gladly bill your auto or work injury insurance, but after 6 months, if payment is not received from your insurance company you will become responsible for any payment. **Please note - if your auto or work injury insurance rejects a claim, we do not bill any health insurance in an attempt to cover any claim(s).*

Cancellation/Reschedule:Initial:

We ask for your support of our **48-hour cancellation notice** since we're unable to schedule another patient in your spot without sufficient notice. If you call and cancel the day before, day of, or miss your appointment without calling, there will be a \$95 charge for each 1-hour appt and \$75.00 charge for each ½ hour appt. Also, if we must change your appointment time from 60 to 30 minutes due to lateness, you will be personally charged \$75.00. This is to ensure the therapist is compensated for her/his time. Price subject to change without notice. We understand that a sudden illness, emergency, or inclement weather may occur and we will accept your cancellation with no fee charged, should this be the case. Also, please keep in mind the reminder call is a courtesy. It is your responsibility to arrive at the appointed dates and times.

Initial: **Health/Hygiene:**

Clients must disclosed all relevant health conditions, medications, injuries, or contraindications. Certain conditions (blood clots, open wounds, fever, contagious illness, recent surgery) may make massage inadvisable. We kindly ask that you practice good hygiene, and if you need there are body wipes located in each treatment room. Please refrain from smoking or using perfumes, cologne or any scented personal products in respect to those who are sensitive to such smells.

INAPPROPRIATE BEHAVIOR POLICY:

We are an upstanding, professional massage clinic and pride ourselves on maintaining a safe environment for both patients and therapists. Thankfully, the vast majority of our patients/clients are respectful and honoring of our code of ethics. However, due to a couple of unfortunate incidents,
we're compelled to note that any illicit or sexually suggestive remarks, advances, or behaviors will result in immediate termination of the session. In this event, the patient/client will be liable for full payment of the scheduled appointment. To be clear, we ONLY practice clinically-oriented, non-sexual massage. Absolutely NO sexual behavior or activity will be tolerated in our clinic and treatment rooms at any time.

Thank you for your kind respect, understanding and cooperation.

By signing, the client confirms they are voluntarily receiving massag, have read & understood the above and releases the therapist/business from liability for any injury or aggravation of a pre-existing condition, provided care was rendered in good faith.

Initial:

X

(Printed Name)_____
(Date)_____
(Signature)

"And in the end, it's not the years in your life that count. It's the life in your years."- Abe Lincoln